

Riverview Ridge-Week 1

Sun 9/19/21	Mon 9/20/21	Tues 9/21/21	Wed 9/22/21	Thurs 9/23/21	Fri 9/24/21	Sat 9/25/21
Scrambled eggs w/ blueberry muffin	French Toast w/ sausage patty	Scrambled eggs w/cheese Biscuit	Egg & Hashbrown bake Toast	Buttermilk Pancakes w/bacon	Scrambled Eggs w/ peach streusel coffee cake	Baked cheese omelet w/ ham and toast
*Fried Chicken *Coleslaw *Ranch Potato wedges *Cornbread	*Hawaiian Ham *Spinach *Sweet Pot *Dinner roll/bread	*Baked Ziti w/meat sauce *Salad *Breadstick	*BBQ pork on bun *Zucchini w/onions *Tator tots	*Chicken Salad sand *Cuc and tom salad *Pasta salad	*Shrimp scampi *Broccoli *Noodles *Garlic bread	*Chicken pasta *Caesar salad *Breadstick
Peach Pie w/crumb topping	Pineapple Tidbits	Strawberry Shortcake	Tropical Fruit Salad	Watermelon Cubes	Choc Ice cream	Blondie
Tuna Sand Cucumber/onion salad Pasta Salad	Herb Chicken Veg blend Parsley noodles	Parsley Pork chop Carrots Mashed	Salisbury steak, rice Cabbage Dinner Roll	Thin pizza Salad Breadstick	Chicken Tenders Carrots Mashed	Hamburger Pea salad Fries
*Swedish Meatballs *Peas *Noodles *Dinner roll/bread	*Turkey Sandwich *Broc salad *Mac salad *Summer soup	*Honey Dijon Chick thigh *Asparagus *Rice pilaf *Dinner roll	*Breaded Fish *Peas and carrots *Baked pot *Dinner roll	*Beef pepper steak, gravy *Green beans *Mashed *Dinner roll	*Turkey Burger *Coleslaw *Pot wedges	*Kielbasa sausage *Cabbage *Oven Potatoes *Dinner roll
Deluxe fruit salad	Lemon cake w/icing	Summer fruit cup	Cheesecake bar	Peanut butter cookie	Fruit Cocktail	Mandarin Oranges
Turkey Patty Carrots Rice	Grilled Cheese, chips Green bean salad	Herb/lemon fish Veg blend Pot wedges	Sweet & sour meatballs Spinach Noodles	Ranch pork chops Squash Rice	Hamburger steak, onions Corn Rice, roll	Cheese quiche Capri veg blend

\*All meals include choice of apple, orange, or cranberry juice, hot coffee, or tea and choice of milk\*

\*Choice of cereals include rice krispies, corn flakes, cheerios, and raisin bran\*

\*Alternative options include choice of daily potato or chips and vegetable\*

**ALWAYS AVAILABLE: Grilled Cheese, Chicken Patty Sandwich, and Hamburger**

Riverview Ridge-Week 2

Sun 9/26/21	Mon 9/27/21	Tues 9/28/21	Wed 9/29/21	Thurs 9/30/21	Fri 10/1/21	Sat 10/2/21
French toast w/bacon	Scrambled eggs w/ cinnamon roll	Biscuit hashbrown	Scrambled eggs w/ham and English muffin	Cheese omelet w/toast	Western scrambled eggs w/toast	Buttermilk pancakes w/sausage patty
*Roast beef Au Jus *Spinach *Red potatoes *Dinner roll  Apple Crisp  Rotisserie Chicken Thigh Zucchini Rice	*Chicken parmesan *Salad *Garlic Bread  Choc chip cake w/frosting  Breaded Fish Peas Tater Tots	*Garlic Pork Loin *Broccoli *Oven Pot *Dinner roll  Peach Shortcake  Rosemary chicken Spinach noodles	*Meatloaf w/gravy *Peas *Au gratin potatoes *Dinner roll  Orange Sherbet  Garlic pork chop Carrots Rice	*Hot dog w/bun *Coleslaw  Strawberries & banana  Hamburger Broc salad Fries	*Baked fish *Asparagus *Rice *Dinner roll  Summer fruit cup  Grilled Cheese Squash Tater tots	*Sweet garlic chicken *Peas *Noodles *Dinner roll  Sugar Cookie  Glazed pork chop Carrots Mashed
*Tuna salad on croissant *Coleslaw *Pasta salad  S'more pudding  Ham Sand Cuc/onion salad chips	*Swiss steak gravy *Corn *Mashed *Dinner roll  Watermelon cubes  Baked Mac and Cheese Baked tomatoes	*Thin Pizza *Parmesan zucchini *Dinner roll  Chilled Pears  Smothered turkey patty, veg, mashed	*Honey glazed Turkey *Beans *Sweet pot *Dinner roll  Fruit Cocktail  Herb Fish Corn Noodles	*Marinated chicken thigh *Carrots *Noodles *Dinner roll  Black forest cake  Cheese Quiche Cuc/onion salad	*Baked Ziti w/cheese *Garlic bread  Butterscotch pudding  Italian sausage Spinach Herb pot	*Philly Cheesesteak *Salad *Fries  Peach Parfait  Breaded chicken on bun, mac salad, cuc/onion

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\*Alternative options include choice of daily potato or chips and vegetable\*

**ALWAYS AVAILABLE: Grilled Cheese, Chicken Patty Sandwich, and Hamburger**

Sun 10/3/21	Mon 10/4/21	Tues 10/5/21	Wed 10/6/21	Thurs 10/7/21	Fri 10/8/21	Sat 10/9/21
Scrambled eggs w/blueberry muffin	French Toast w/sausage	Scrambled eggs w/cheese biscuit	Buttermilk pancakes w/bacon	Egg and hashbrown bake w/toast	Scrambled eggs, peach streusel coffee cake	Cheese omelet w/sausage and toast
*Cheese ravioli w sauce *Caesar salad *Breadstick Vanilla Ice Cream Baked chick Green beans Rice	*Roast Turkey *Carrots *Mashed *Dinner roll Marble Cake w/icing Ranch Pork chop Peas Noodles	*Honey Ham *Spinach *Sweet pot *Dinner roll Summer fresh fruit Salisbury steak Corn Noodles	*Egg Salad Sand on croissant *Tomato salad *Mac salad Snickerdoodle cookie Turkey Salad sand Cuc/onion salad chips	*Beef pepper steak *Peas *Mashed *Dinner roll Pear Parfait Lemon pepper chicken Spinach Noodles	*Shrimp Alfredo *Asparagus* Garlic bread Cherry Crisp Pork chop Carrots Red potatoes	*Fried chicken *Corn *Pot wedges *Dinner roll Pineapple tidbits Smothered Turkey patty Broccoli Noodles
*Kielbasa sausage *Cabbage *Red potatoes *Dinner roll Apple Crisp Chicken tenders Corn Noodles	*Cheeseburger *Coleslaw *Tater tots Tropical Fruit Breaded fish on bun Squash Noodles	*Cornflake chicken *Capri Veg *Rice *Dinner roll choc Brownie Thin Pizza Salad	*BBQ Pork *Zucchini *Baked beans *Cornbread Mandarin oranges Marinated chicken thigh Rice, green beans	*Butter crumb fish *Broccoli *Cheesy rice *Dinner roll Lemon Cake Cheese ravioli w/sauce, veg	*Grilled turkey and cheese sand *Cuc/onion salad *Fries *Corn chowder Watermelon Hamburger steak, onions, veg, Rice	*Meatballs w/sauce *Zucchini Breadstick Chocolate cream pie Cheese quiche Green beans

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\*Alternative options include choice of daily potato or chips and vegetable\*

**ALWAYS AVAILABLE: Grilled Cheese, Chicken Patty Sandwich, and Hamburger**

## Riverview Ridge – Week 4

Sun 10/10/21	Mon 10/11/21	Tues 10/12/21	Wed 10/13/21	Thurs 10/14/21	Fri 10/15/21	Sat 10/16/21
Scrambled Eggs w/cinnamon roll	French Toast w/bacon	Biscuit Hashbrown	Cheese Omelet w/toast	Scrambled eggs w/ham and English muffin	Western Scrambled eggs w/toast	Buttermilk pancakes w/sausage patty
*Pork Loin *Spinach *Scallop potatoes *Dinner roll	*Meatloaf w/ketchup glaze *Carrots *Mashed *Dinner roll	*Marinated chicken thigh *Squash *Noodles *Dinner roll	*Italian sausage *Broccoli *Red pot *Dinner roll	*Lasagna w/meat sauce *Caesar salad *Breadstick	*Breaded Fish *Veg blend *Au gratin potatoes *Dinner roll	*Turkey Divan *Green beans *Rice *Poppy roll
Pear Crisp  Lemon pepper fish Veg blend Rice	Spiced apple  Thyme chicken Green beans Noodles	Butterscotch pudding parfait Meatballs w/gravy Veg blend Mashed	Lemon Bar  Smothered turkey Corn Noodles	Chocolate Brownie  Egg Salad Sand Cuc/onion salad Chips	Sour cream orange cake BBQ chicken thigh Spinach, rice	Watermelon cubes  Cheese Quiche Tomato salad
*Chicken Tenders *Salad *Fries *Dinner roll	*Citrus Turkey *Broccoli *Rice *Dinner roll	*Ham and Swiss on wheat *Pea salad *Chips	*Cornflake Fish filet Baked tom *Mac and cheese *Dinner roll	*Ranchers chicken *Peas *Baked pot *Dinner roll	*Hot dog on a bun *Coleslaw	*Cheeseburger on a bun *Cuc and tomato salad *Tater tots Chocolate chip cookie Breaded chicken on bun Zucchini, pasta salad
Vanilla Ice Cream  Hamburger steak Corn Noodles	Cherry Cheesecake Bar  BBQ Pork chop, veg, sweet pot	Summer fruit cup  Tuna Salad sand Tom/onion salad Mac salad	Peach Parfait  Thin Crust Pizza Zucchini	Tropical fruit salad  Garlic pork chop Veg blend Noodles	Chilled Pears  Baked Mac and Cheese Tossed Salad	

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\*Choice of cereals include rice krispies, corn flakes, cheerios, and raisin bran\*

\*Alternative options include choice of daily potato or chips and vegetable\*

**ALWAYS AVAILABLE: Grilled Cheese, Chicken Patty Sandwich, and Hamburger**